

## MILPERSMAN 1910-170

### SEPARATION BY REASON OF PHYSICAL FITNESS ASSESSMENT FAILURE

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Reference	(a) OPNAVINST 6110.1H
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1. **Separation Authority**. Commanding officers (COs) with Special Courts Martial Convening Authority (SPCMCA) or higher.

2. **Policy**

a. Members will be processed for administrative separation (ADSEP) when they do not achieve prescribed physical readiness standards by failing to pass three physical fitness assessment (PFA) cycles in a 4-year period. On 1 July 2006, mandatory ADSEP processing began for those personnel who have failed the PFA three or more times in 4 years to include failing the Spring 2006 PFA or a subsequent PFA. COs/officers in charge (OICs) may grant/request waivers from ADSEP processing per reference (a).

b. Active duty personnel that have 18 (or more) years of service are not exempt from administrative processing. They are to be processed for separation unless they request transfer to the Fleet Reserve on the earliest eligible date. Selected Reserve personnel that have 18 or more years of qualifying service creditable towards retirement, are also not exempt from administrative processing. They are to be processed for separation unless they request non-regular retirement without pay. These ADSEP packages will be forwarded to **Navy Personnel Command (NAVPERSCOM), Enlisted Performance and Separations Section (PERS-4832) or Reserve Enlisted Personnel Section (PERS-4913)** for final determination. The primary goal of those with 18 (or more) years of service, or 18 (or more) years of

qualifying service is to verify that they are not advancement eligible as documented in their evaluations/fitness reports and have submitted a request for transfer to the Fleet Reserve or non-regular retirement without pay.

### 3. Procedures

a. The Notification Procedure (MILPERSMAN 1910-402) will be used. The following documents shall be submitted with the separation package:

(1) Copy of member's Physical Readiness Information Management System (PRIMS) 4-year history/PFA results to include at least three official PFA failures.

(2) Copy of all NAVPERS 1070/613 (Rev. 7-06), Administrative Remarks counseling member and placing member on the Fitness Enhancement Program (FEP). A minimum of one NAVPERS 1070/613 for the first or second PFA failure is required.

(3) Member's statement if submitted.

b. The CO's endorsement shall include the following:

(1) Certification that member is militarily unsuitable for retention due to failure to achieve prescribed PFA standards.

(2) A summary of action taken by the command, member's progress, and counseling offered.

4. Characterization of Separation. The characterization of separation should be Honorable, unless an Entry Level Separation (ELS) or General (Under Honorable Conditions) is warranted per MILPERSMAN 1910-300. ELS does not apply to Selected Reservists.

5. Reentry Code. Reentry code should be RE-3F unless RE-4 is warranted by service record.

6. Separation Program Designator (SPD) Codes. The following SPD codes shall be used:

SPD CODE	DESCRIPTION
JFT	Involuntary Discharge, no board entitlement (less than 6 years of total active military service).
HFT	Involuntary Discharge directed in lieu of further processing or convening of a board (board waiver).
GFT	Involuntary Discharge, approved recommendation of a board.